

## SKINCEUTICALS **INSIGHTS**

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### AGING AND THE EYES



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The skin around the eyes is ten times thinner than facial skin, which makes it more prone to damage, visible signs of aging, and sensitivity. In addition to facial expressions, unprotected sun exposure accelerates the development of fine lines and skin laxity, leading to an aged appearance well before other areas of the face reveal the effects of time.

The glycation process is a contributor to accelerated aging around the eye area, and this occurs when sugar molecules stick to collagen and elastin fibers within the skin. This process leads to the formation of Advanced Glycation End-products (A.G.E.s) that make collagen and elastin fibers brittle and unable to regenerate, resulting in wrinkling of the skin.

Discover SkinCeuticals eye care solutions >

#### FEATURED PRODUCT + REGIMEN

#### CORRECT AND PREVENT EYE-AREA AGING

**A.G.E. EYE COMPLEX** uses multiple modes of action to improve the appearance of aging around the eyes.

- Improves dark circles and increases radiance
- Helps reduce the appearance of wrinkles and crow's feet
- Prevents future signs of aging

*How to use: Apply once or twice daily under the eyes and around the brow area.* [Learn more >](#)

**AOX+ EYE GEL** is a synergistic antioxidant combination to help protect the delicate eye area from oxidative stress.

- Delivers advanced environmental protection around the eyes
- Revives under-eye skin
- Reduces the appearance of puffiness

*How to use: In the morning, apply 1/2 pump per eye area. Apply on the area below the eyes, on the outer corners, and on the brow bone.* [Learn more >](#)



#### PROFESSIONAL TIPS

#### DR. WOODWARD ON MAINTAINING HEALTHY EYES



Excellent eye hygiene is key to maintaining beautiful healthy eyes. The skin around the eyes contains many sweat and oil glands that can become inflamed and irritated if not cleaned twice daily. Your regular SkinCeuticals facial cleanser can be diluted with lukewarm water and then soaked on the eyelid margins for one minute followed by a gentle massage for a second minute. The soak will open up the oil glands and the massage will gently decongest the oily contents. After drying the eyes, apply your favorite eye product such as AOX+ Eye Gel or A.G.E. Eye Complex.

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