

SKINCEUTICALS **INSIGHTS**

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SKIN DISCOLORATIONS & DARK SPOTS

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With age, all skin types develop discolorations, also known as hyperpigmentation. Caused by years of chronic UV exposure, hormonal fluctuations, and inflammation, these discolorations and uneven skin tone are often more of a skin concern than other signs of aging like fine lines and wrinkles. Over time, discolorations can be deeply rooted in the skin, making them susceptible to reoccurrence, even with successful aesthetic treatments.

Skin discolorations and dark spots appear when excess and irregular production of melanin, the pigment that gives skin color, occurs. Successful treatment for skin discolorations and dark spots requires exfoliating the surface of the skin and reducing melanin production and transfer to the keratinocytes, cells in the upper layers of the skin.

Discover SkinCeuticals solutions for skin discolorations >



FEATURED PRODUCT

ADVANCED PIGMENT CORRECTOR

Advanced Pigment Corrector is a potent multi-layered treatment that fades existing discolorations, enhances the skin's resistance to new pigment formation, and improves skin luminosity. Advanced Pigment Corrector combines an exfoliator with two high potency clinically proven ingredients – ellagic acid and hydroxyphenoxy propionic acid. These molecules individually have been shown to efficiently reduce and prevent skin discolorations – now SkinCeuticals has been able to formulate them in one exclusive breakthrough cocktail.

[Learn more about Advanced Pigment Corrector >](#)

PRODUCT REGIMEN

A COMPREHENSIVE REGIMEN TO TREATING SKIN DISCOLORATIONS

A comprehensive regimen for treating skin discolorations includes a brightening treatment, an antioxidant, and a broad spectrum sunscreen.



- PHLORETIN CF:** In the morning after cleansing, apply 4-5 drops to a dry face, neck, and chest. This serum provides advanced environmental protection against free radicals and helps diminish discolorations. [Learn more >](#)
- ADVANCED PIGMENT CORRECTOR:** Once or twice daily, apply a small amount to a dry face and other affected areas, or as directed by a physician. This blend of skin-brightening ingredients helps fade discoloration, improve firmness, and reveal healthier, more radiant skin. [Learn more >](#)
- PHYSICAL FUSION UV DEFENSE SPF 50:** In the morning, apply liberally to face, neck, and chest before makeup. This 100% physical sunscreen shields skin from UV rays to prevent skin discolorations and dark spots. This formulation contains translucent color spheres for a more even, luminous complexion. [Learn more >](#)



RETINOL 0.5: For severe discoloration correction, this stable retinol can be used at night to help stimulate cell regeneration and diminish existing skin discolorations. At night, apply a pea-sized amount of Retinol 0.5. Limit initial use to once or twice a week; gradually increase frequency to every other night, and finally each evening as tolerated. [Learn more >](#)

PROFESSIONAL TIPS

DR. DRAELOS ON TREATING SKIN DISCOLORATION



“With age and sun exposure, pigment concentrates in localized areas and discolorations appear. Reducing unwanted pigmentation is difficult and can be frustrating for patients. Combination modalities to treat and prevent skin discoloration is most effective. For example, combining in-office procedures like laser resurfacing or chemical peels with a cosmeceutical-grade homecare product can provide dramatic results in reducing the appearance of pigmentation. For severe discolorations, it is sometimes recommended to also include prescription treatments and/or retinoids into a patient's regimen.”

Dr. Zoe Draelos
High Point, NC

INSIDE ACCESS: PROCEDURES

LASER RESURFACING

Professional laser resurfacing treatments remove the damaged upper layers of skin where excess surface pigment resides. In addition to improving discoloration, laser resurfacing also stimulates collagen production to improve other visible signs of aging like fine lines, wrinkles, and skin laxity. There are a variety of laser resurfacing options (including ablative, non-ablative, and fractional treatments) and your dermatologist or plastic surgeon can determine which is best suited for your skin and lifestyle. Additionally, targeted pigment-reducing chemical peels can help maintain results.



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