

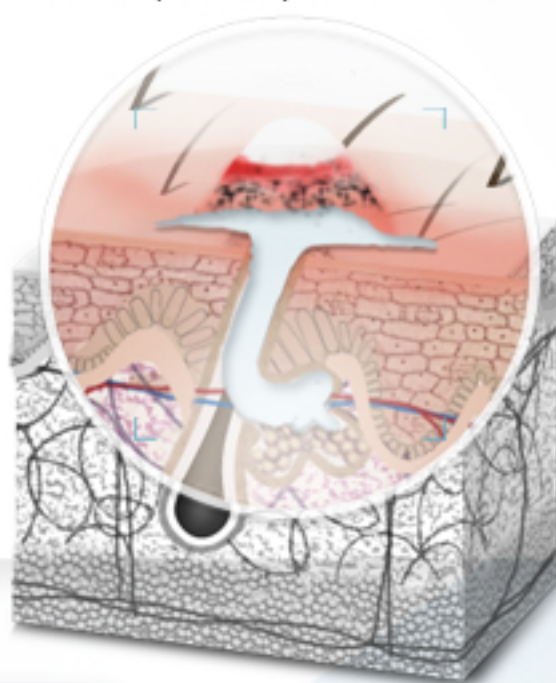
## SKINCEUTICALS **INSIGHTS**

JUNE 2013 | VOLUME IV

ACNE & AGING

### A CLOSER LOOK AT ADULT ACNE

Acne isn't just an issue for teenagers. Adult Acne affects 50% of women and 25% of men. The acne cycle begins when pores become clogged with excess oil, skin cells, and bacteria, resulting in inflamed lesions that range from whiteheads and blackheads to painful cysts and nodules.



Acne can be a difficult condition to treat at any stage of life, but treating aging blemish-prone skin presents its own challenges. Hormonal changes, stress, and environmental factors result in blemishes and excess oil production regardless of age, yet those in their 30s, 40s, and beyond may experience enlarged pores, rough skin texture, hyperpigmentation, and fine lines as well typical signs of aging. While traditional acne treatments focus on the bacteria and skin-cell buildup that contribute to clogged pores, aging blemish-prone skin requires effective ingredients that will not irritate the skin—as well as a potent efficacy on fine lines, wrinkles, hyperpigmentation, and other visible signs of aging.

[Discover SkinCeuticals acne solutions >](#)

#### FEATURED PRODUCT

#### BLEMISH + AGE DEFENSE

Blemish + Age Defense is a unique serum that fights acne and signs of aging with five alpha and beta hydroxy acids to unclog pores, control oil production, and promote natural exfoliation while improving texture and tone, and minimizing wrinkles. Clinical studies show reduced sebum by 39% and improved fine lines by 28% at four weeks.

[Learn more about Blemish + Age Defense >](#)



*Reduction of blemishes and blotchiness and improved skin texture*



#### PRODUCT REGIMEN

#### SKINCEUTICALS ADULT ANTI-ACNE REGIMEN



The key to successful adult acne and aging treatment is a comprehensive skincare routine, and the Adult Anti-Acne regimen features three effective products for maximum improvement in both blemishes and signs of aging such as enlarged pores, rough skin texture, and fine lines.

The regimen begins with LHA Cleansing Gel, formulated with lipo-hydroxy, salicylic, and glycolic acids to unclog pores, improve skin imperfections, and brighten the skin. Then, LHA Solution removes any residue that remains after cleansing while further decongesting pores and promoting the skin's natural exfoliation. The third step in the regimen is Blemish + Age Defense, a high-potency treatment to prevent future acne formation, minimize skin blotchiness, help correct hyperpigmentation, and reduce the appearance of fine lines and wrinkles.

[Discover SkinCeuticals Adult Anti-Acne Regimen >](#)

#### PROFESSIONAL TIPS

#### DR. LEON H. KIRCIK ON TREATING ADULT ACNE



“I highly recommend topical retinoids to all my adult acne patients since topical retinoids will not only take care of their acne but also will address their photoaging concerns. However, most

adult female acne patients have sensitive skin that is easily irritated with topical retinoids. Therefore, a cosmeceutical-grade solution that combines alpha and beta hydroxy acids is a good alternative to retinoids for treating adult acne patients.”

Dr. Leon H. Kircik, MD  
Louisville, KY

#### INSIDE ACCESS: PROCEDURES

#### PROFESSIONAL PROCEDURE: CHEMICAL PEELS

In-office chemical peels have significantly higher concentrations of professional-grade ingredients. They complement and enhance the results of at-home regimens for maximum improvement in both adult acne and visible signs of aging. Derived from willow tree bark, beta-hydroxy acids (BHAs) penetrate pores to control breakouts while fading the appearance of post-blemish discoloration. BHA peels also improve visible signs of aging like fine lines, wrinkles, and hyperpigmentation by exfoliating dull, dead skin cells and stimulating collagen.

[Find a SkinCeuticals Skincare Professional near you >](#)



LIKE US ON FACEBOOK



FOLLOW US ON TWITTER



TUNE IN ON YOUTUBE



MOBILE SITE